



ELG for INCH: Emergency Loadout Guide: Vehicle Emergency Kit

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E.L.G for VEK

Emergency Loadout Guide: Vehicle Emergency Kit

Tips for Traveling during Crisis - Improvising Car Parts for Survival - Packing Checklist - Bug Out Vehicle Setup

<input type="checkbox"/> BOB	<input type="checkbox"/> INCH	<input checked="" type="checkbox"/> VEK	<input type="checkbox"/> GHB	<input type="checkbox"/> EDC	<input type="checkbox"/> K9
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Driving a vehicle is an everyday occurrence for most of us. There are an average of 100 million vehicle breakdowns and 51 million vehicle crashes per year in the USA. Having a Vehicle Emergency Kit (VEK) ensures you have essential tools in the event you become a disabled motorist or have to deal with the aftermath of a collision. This guide goes even further by preparing you for survival in the harshest of vehicle-borne incidents and outlines tips for reacting to SHTF scenarios while traveling. This guide discusses the basics from jump starting a vehicle, to encountering roadblock ambushes, to planning bug out routes. Includes a Bug Out Vehicle (BOV) Setup Plan for vehicle selection, packing, equipping, and egressing.

Bottom Line Up Front (BLUF):

1. Follow included checklist to loadout a vehicle with supplies to aid in everyday vehicle concerns such as breakdowns, crashes, or getting stuck in mud.
2. Use the advanced checklist to address SHTF emergencies.
3. Be prepared for vehicle-borne emergencies following prepping tips for vehicle maintenance, safety, and action plans.
4. Learn how to bug out in a vehicle by converting a truck or car into a BOV or Bug Out Vehicle.
5. Reference the VEK packing template for assistance on where to position supplies in the vehicle for quick access.

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EMERGENCY LOADOUT: Terminology

BOB: A “Bug Out Bag” is a backpack style bag worn when expediently traveling from an undesirable location to a desirable location. This is typically when you must egress from home to a bugout location (BOL). It’s a worst case scenario loadout with items needed to survive a 72 hour trip. You’ll be able to travel quickly with these bare essentials. A BOB is the ideal loadout for unexpected civil unrest/rioting/looting, localized EMP, fuel/food shortage during grid down, etc.

INCH: “I’m Never Coming Home” is a loadout for when you must egress from home to a BOL with no intentions or expectation of returning home. It can be an INCH bag overloaded with supplies for a 10 day trip or a trunk or trailer pre-loaded in a Bug Out Vehicle (BOV) with supplies for a vehicle egress. The items in an INCH should aid in long-term settlements and retention of memoirs. For example a bag would have family photos and your child’s stuffed animal. The trunk/trailer would include solar panels, hand tools, fuel stabilizer, siphoning pump, etc. This loadout is better fit for responses to nuclear fallouts, land invasions, widespread EMP, pandemic, etc.

VEK: A “Vehicle Emergency Kit” has equipment and tools that stay inside your trunk until needed. It should have tools for common problems like a dead battery, frosted windshield, and low fuel. It should be there for a crisis such as longterm stranded motorist scenarios, snow storms, and crashes. The VEK will also be a supplement during SHTF cases.

GHB: The Get Home Bag is retrieved when traveling from an undesirable location to the homestead. Ideal for the vehicle, workplace, or out of town meeting. It has the bare essentials needed for a 1-2 day trip. The intent is to have minimalistic and subdued supplies that are quickly accessed and easily carried on a daily basis. A GHB will come in handy if the SHTF happens while you are at work or less than 100mi from home.

EDC: Your Every Day Carry is composed of useful tools and supplies to accomplish daily tasks. While some items can aid in a survival scenario the purpose of the kit varies. These items are carried on one’s person or kept nearby such as in a small pouch. EDC is also what you wear; this is EDW or Every Day Wear. A Personal Survival Kit (PSK) should be in your EDC.

EDC is in arm’s reach and gets used daily for common tasks.↴
↴VEK stays in your vehicle and can be used for minor roadside emergencies or as a supplement your other survival egress options. ↴
↴GHB should be in with you on public transportation or when out and away from areas where you could store your BOB, it’s used to get home during an unexpected widespread emergency. ↴
↴BOB is kept at secure locations like your car, work, or home and is used during rushed transition from danger to a rallypoint or home and only last for about 3 days. ↴
↴INCH is for planned bugouts from home to a secure location.↴
↴Your K9 is with you at home, on walks, and should be apart of your survival plan to bridge the gap when other loadouts are not available.



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VEHICLE TIPS (PRE-SHTF)

Some common sense and a little planning can help ensure you stay moving during storm weather, heavy traffic, and when navigating through high crime areas.

- Loadout your vehicle with emergency and basic supplies following the VEK Checklist and pack a Get Home Bag (GHB) onboard and carry EveryDay Carry, EveryDay Wear, and Personal Survival Kit (EDC/EDW/PSK).
- Keep your gas tank full in case of evacuation or power outages. A full tank will also keep the fuel line from freezing
- Inspect Vehicle 4 times a year. Check fluids, air filter, battery connections, defroster/heater, brakes, etc.
- Install good winter tires and ensure they have adequate tread or any jurisdiction-required chains or studs
- When traveling during natural disasters and storms,
 - Do not drive through flooded areas. Six inches of water can cause a vehicle to lose control or possibly stall. A foot of water will float many cars.
 - Be aware of areas where floodwaters have receded. Roads may have weakened and could collapse under the weight of a car.
 - If a power line falls on your car you are at risk of electrical shock, stay inside until a trained person removes the wire.
 - If there is an explosion or other factor that makes it difficult to control the vehicle, pull over, stop the car and set the parking brake.
 - If the emergency could impact the physical stability of the roadway avoid overpasses, bridges, power lines, signs and other hazards. (i.e. earthquakes)
- When leaving your vehicle unattended,
 - Park in lit area. Do not park beside large vehicles or building that could be used as concealment by a suspect trying to break into your vehicle.
 - Lock doors. Place valuables in trunk, lock box, or out of sight.
- Add a locking gas cap to prevent siphoning.
- Add a locking toughbox, underseat safe, or other storage container for valuables and your VEK.
- Tint windows as permissible by law.



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Vehicle Security and Protection

- ✓ Add theft deterrent warnings such as stickers that advise the vehicle has an alarm or GPS tracking.
- ✓ Conceal Contents: Supplies should be hidden out of sight under the seat, in locked compartments, behind seat back, in decoy container (old paint bucket), glovebox, under a blanket, etc.
- ✓ Install Security Storage: Weapons and sensitive items should be stored in a hardened container.
- ✓ Doors Locked at All Times: When you're driving, when you're parked, when it's unattended, even when you're loading groceries. Keep all doors locked except when necessary for your entry/exit, then lock it back when the door shuts.
- ✓ Guard Vehicle: This could be cameras that face your driveway or you leaving someone to standby the vehicle while you are on a supply run. Implement improvised audible alarms such as a bell or noise makers. Think outside the box. Ensure that attention will be drawn if an unlawful attempt is made to access your vehicle.
- ✓ Consider Manual Transmission: Many people cannot drive a manual, this in itself may prevent your vehicle from being stolen.
- ✓ Minimize "Bling": Upgrades and equipment packages will just make your vehicle a bigger target.
- ✓ Employ Theft Deterrents: Things like the Club steering wheel lock along with smart parking and positioning can make your vehicle difficult to steal.



VEHICLE TIPS (POST-SHTF)

Your tactics and preps change during a Life Altering Event (LAE) such as widespread catastrophic attack, disaster, or civil unrest. Follow the travel tips for Pre-SHTF in addition to the below planning tips.

- In addition to your VEK, you'll also want to loadout your vehicle with a Bug Out Bag (BOB) at a minimum or an INCH Bag/Loadout during SHTF.
- These loadouts should be with you when traveling. It's recommended that your BOB stay in your car at all times and your GHB stay even closer.
- If your traveling post-SHTF and have made it home but are now going to your Bug Out Location (BOL), you'll want to prep your vehicle with even more supplies using the INCH principle thus transforming it into a Bug Out Vehicle (BOV) as described in the next section.
- If traveling during SHTF, adhere to your Emergency Plan that you have made with your family. If contact methods are not working and you can't phone call others, you'll want to make sure others know where you are and where you are going so that you can rally. Download our In-Case-of-Emergency Response (ICERS) guide to complete the template and have an action plan for when to bugout and when to shelter in place.
- During SHTF you will have to weigh the pros/cons of what roadways to take,
 - Highways, interstates, 4-lane roads, etc.
 - Pros - Can travel great distances quicker, more resources likely from abandoned vehicles and nearby commercial districts, more chances to barter as more people are present, strength in numbers as more people are on these roadways it is less likely you'll encounter an illegal blockade or ambush, roads are more likely to be maintained or patrolled by military/police.
 - Cons - More people could mean traffic jams and mass panic, while military/police improves safety they may block your path without proof of residency if trying to take exits into the community, more people means more eyes on your supplies and could be risky if they want what you have.
 - Backroads, firebreaks, residential streets, etc.
 - Pros - Less likely to have traffic jams, less people, more intersections areas to pull off the road and camp/hide, in familiar territory you may know safe business or residences to go to for help.
 - Cons - More susceptible to ambushes and illegal roadblocks with "tolls", poorly lit, less maintained.
- Travel should be done at night and through less populated areas.
 - A Night Vision Device (NVD) can be used to drive at night with your vehicle lights off. This will draw less attention to you and prevent ambushes.
- If camping along your routes during long distances.



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- You should pull your vehicle far off the road way and ensure it cannot be seen. Use foliage or netting to conceal your vehicle.
- You should avoid making fires which can draw attention to your campsite. A Dakota fire can be used instead which will lessen the flames and smoke seen by others.
- Do not sleep in the immediate proximity of your vehicle but sleep nearby and in sight so you can see if someone has stumbled across your vehicle in order to determine if they are a threat.
- Set up perimeter alarms using ropes and metal objects that will “clang” or alarm when tripped over.
- Pre-positioned Survival Caches can be placed along your route and visited as resupply points. There is only so much a vehicle will hold. The caches should be hidden off the road and you BOV should have a map with points indicating where the caches have been stashed. Use our [Survival Cache](#) guide for more information on tactics and cache packing guidelines.

Vehicle Defense

- ✓ Sterilize Vehicle: Remove “prepper-centric” stickers, decals, logos, etc. Make the vehicle's appearance to be worn by seizing regular washing, scraping paint, allow visual wear/tear (not performance related).
- ✓ Camouflage and Concealment: When parking/camping after SHTF, use location specific camo and concealment to hide your vehicle from observation. Acknowledge the local environment and foliage and situate your vehicle off the beaten path while allowing it to blend in.
- ✓ Install Kill or Ignition Switch: A switch will prevent the vehicle from starting until it has been activated. Situated the switch in a discreet but easy to access location so that others could not easily find it but you can quickly switch it. Even with the vehicle key, it will not start without flipping the switch.



BUG OUT VEHICLE (BOV) SETUP

A BOV is a pre-prepared egress vehicle that is loaded with supplies and outfitted for the planned route. Think realistically when prepping your vehicle and realize that planning with a cheap SUV is far more important than spending planning time to expensive modifications to a luxury truck.

- Loadout includes a combination of the INCH Checklist (Downloadable as Part of our ELG Series) and the VEK Checklist (See below).
- When selecting a BOV the following 8 Categories should be weighed. Assign a rating of 1 to 5 for each below category then add up your total. While it is a subjective rating, you should target a 18+ score.
 - For Example: A motor bike may score high in mobility and mileage (i.e. 5/5) but would score low in storage and seating capacity (i.e. 1/5). A utility van with a ballistic kevlar curtain and sandbagged sides would score low in mileage and mobility (i.e. 2/5) but would score high in security, storage, seating capacity (i.e. 4/5).
- 1. Mileage (Fuel MPG, alternative fuel options, alternative powering option, fuel tank size). Gas/Diesel may be scarce. Bugging out with enough fuel to reach your planned Rally Point or BOL is key.
- 2. Mobility (offroad capability, turn ratio, ability to navigate in traffic or narrow pathways). The BOV should be 4x4 with ground clearance for curbs or downed trees on approach, breakover, and departure.
- 3. Maintenance (ease of upkeep, complexity of motor/electronic components, ease of locating replacement parts, repair potential). Newer vehicles usually mean they are more difficult to make repairs however troubleshooting and finding spare parts may be easier. Weigh the pros/cons based on your experience and make sure you can resolve basic repairs and upkeep.
- 4. Speed (acceleration is needed to quickly escape from hostile situations and have top speed to outrun incoming danger). Keep in mind this category is focused on acceleration and top speed but as a rule; speed isn't everything as in almost all scenarios it would be better to sacrifice speed before mobility. Don't overlook a slow moving offroad capable truck for a powerful sports car.
- 5. Storage (space to pack and organize INCH/VEK, should have appropriate size truck bed, trunk, aftermarket storage containers, roof rack). One of the best ways to extend the amount of storage space is to have external storage such as a roof rack. Consider incorporating features such as an outboard water tank or a Roof Top Tent(RRT).
- 6. Security (tinted or bullet proof windows, ballistic walls/doors, fully contained, low profile, roll bars). Consider the ability to react from inside the vehicle, can you return fire easily from a rolled down window, is there a rear sliding window, is there a push bar installed for ranking a hostile blockade?
- 7. Seating Capacity (number of persons that can be carried, if you are the only person in your party then 1-2 seats is acceptable)
- 8. Impression (low-profile, does not attract attention or standout, concealable, fits in with surroundings, utilized "grayman" system). A fully loaded down BOV that lacks security and planning can become a target for marauders or non-friendlies. Don't draw attention to yourself.



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VEK CHECKLIST

This list should prepare you for any vehicle based emergency. Carefully plan how you'll organize the items in your vehicle. Follow the outline (fig. 1) for suggestions on where to store the items for quick access and security. This Checklist is appropriate for all climates, locations, and persons; but you should edit and adjust to best fit your needs.

Health/First Aid

- ☐ First Aid Kit
- ☐ Tourniquet
- ☐ Space Blanket
- ☐ Water Container
- ☐ 2 Gallons of Water
- ☐ Water Purification Tablets
- ☐ Roadside Flare Flares (3)
- ☐ Bug Spray

Egress and Self Rescue

- ☐ Glass Breaker
- ☐ Seatbelt Cutter
- ☐ Flare Gun, 3-5 Flares.
- ☐ 2x Fire Suppression Devices, mounted for easy access.

Keep Vehicle Moving

- ☐ Spare Tire (full size)
 - ☐ 4 Way Tire Lug Wrench
 - ☐ Jack
- ☐ Fix A Flat
- ☐ Jumper Cables and/or Portable Car Battery Jumper
- ☐ Gas Can, 2-5 Gallons, filled and rotated every 3 months.
- ☐ Portable Air Compressor, tire inflator.

Vehicle Safety and Maintenance

- ☐ Traffic Control Device, select one of the following;
 - ☐ DOT approved Roadside Reflector Cone or Triangle Reflector
 - ☐ 3x road flares
 - ☐ Battery operated flashing beacon. There are countless models some are magnetic or collapsible and can be attached to your vehicle or set up in the roadway.
- ☐ De-Icer Spray (Seasonal)
- ☐ Ice Scraper (Seasonal)
- ☐ Motor Oil
- ☐ Assorted vehicle fuses



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- ☐ Antifreeze

Roadway Clearance and Traction

- ☐ Snow Shovel (Seasonal)
- ☐ Set of 2X4's for traction in mud/snow, blunt weapon, fire fuel, etc (Conditional)
- ☐ Axe and/or Folding Saw to Clear Road Debris
- ☐ Compact Trenching Shovel
- ☐ Chainsaw (Conditional)

Personal Protective Equipment (PPE)

- ☐ Gloves
- ☐ Reflective Vest
- ☐ Poncho
- ☐ N-95 Dust Mask
- ☐ Old Hiking Boots
- ☐ Sunglasses, doubles as safety goggles and negates blinding sunlight during driving.

Communication

- ☐ Ham or CB Radio (Optional)
- ☐ Cellular Device Charging Accessories to include,
 - ☐ Charging Cables
 - ☐ Portable Charger
 - ☐ Alligator clips 12v wiring to USB port for improvised direct charging from vehicle battery.
- ☐ Spare Cellular Phone, no service plan necessary. Keep charge and remove battery when not in use. Can be used to dial 911.

Tools

- ☐ Headlamp
- ☐ Flashlights
 - ☐ Small 300+ lumen light to keep near driver. (Quick access in the lungable area of the vehicle)
 - ☐ Large 600+ Lumen spot light kept in vehicle storage.
- ☐ Tool Bag
 - ☐ Adjustable Wrench (2)
 - ☐ Ratchet Set
 - ☐ Pry Bar
 - ☐ Duct Tape
 - ☐ WD-40
 - ☐ Screw Driver (Flat & Phillips)
 - ☐ Hammer
- ☐ Spare key, the key should be hidden on the vehicle in an inconspicuous location. This will aid in reentry in the event your keys are lost or locked inside.
- ☐ Vehicle lockout kit, door wedge and coathanger or a store bought set.



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- ☐ Knife

Supplies

- ☐ Gallon of water
- ☐ Tow Strap
- ☐ Road Map
- ☐ Wool Blanket
- ☐ Papertowels
- ☐ Poncho or Tarp
- ☐ Hand sanitizer
- ☐ Trash Bags
- ☐ Paracord
- ☐ Socks, Warm Gloves, Jacket
- ☐ 100'+ Paracord
- ☐ Napkins / Toilet Paper
- ☐ Wet Wipes / Baby Wipes

BOV CHECKLIST

A Bugout Vehicle Should contain all the items from the above Vehicle Emergency Checklist and also include the following Emergency Loadouts. The BOV Checklist is what you would consider for post-SHTF scenarios while the VEK Checklist is more of an everyday preparedness step.

Emergency Loadouts

- ☐ VEK (see above checklist)
- ☐ INCH Bag or INCH Loadout (download INCH checklist [here](#)). The INCH Bag contains all the items in a wearable Bag/Pack. The INCH Loadout is a method of placing all the INCH contents inside the vehicle packed alongside your VEK items but does not include a bag/pack.
 - ☐ If INCH Loadout is selected then a BOB should also be packed so that a wearable bag is prepped in the event you must bug out from your BOV.



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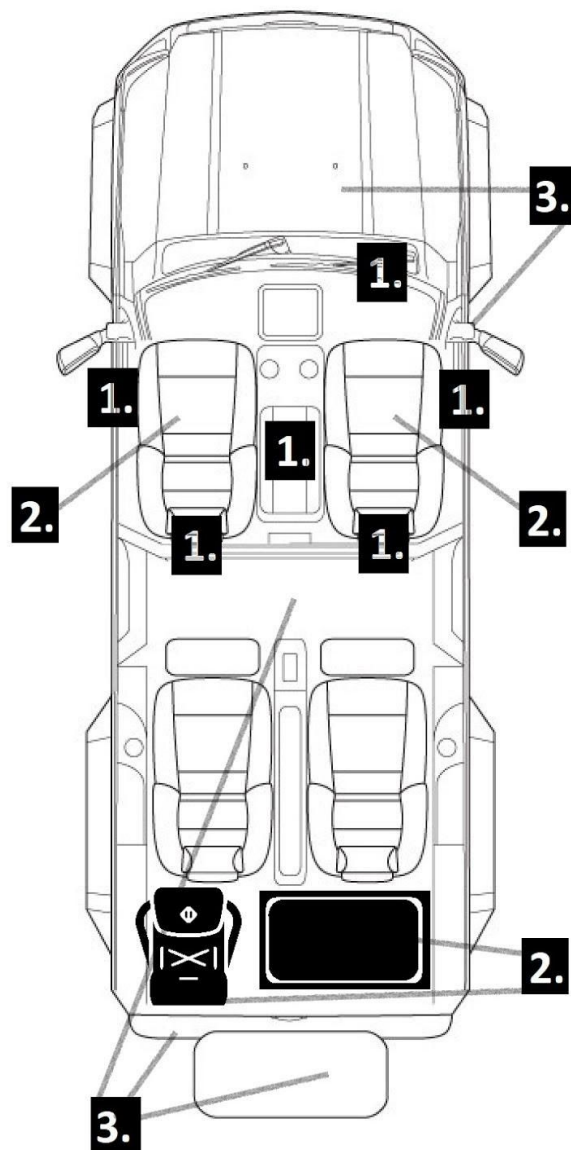
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ORGANIZATION TEMPLATE

VEK Checklist Items should be packed and organized in 3 sections of your vehicle. Each item in checklist has an *Asterisk mark indicating which section it is recommended to be stored.

| 1. = * | 2. = ** | 3. = *** |

Compare to the template below to help develop a storage plan. Print template and further label and diagram where items are located so you can reference the template and find specific items easily.



- 1. Glove Box, Center Console, Seatback and Door Pockets.
- 2. Underseat Storage, Trunk/Truck Bed.
- 3. Exterior Storage, Roof Rack, Aftermarket Attachment to Tailgate/Hood.



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IMPROVISATION TIPS

Your vehicle and it's components actually can be improvised as useful tools and supplies in various emergencies. If you forgot to pack a certain item in your kit these below tips can aid in their stead.

- Spare Parts- Fluids, Fuses, Tires, Windshield Wipers, etc can all be removed from abandoned vehicles and added to your vehicle to replace leaked fluids or broken parts.
- Vehicle Floormats -
 - Can be placed under tires to to regain traction in ice, mud, sand, snow.
 - Can be overlapped as shingles and placed on roof of lean-to to shield from rain.
 - Can be placed over body for added warmth.
- Seat Headrest -
 - When removed, the metal rods can be used as a glass breaker.
- Seat padding and stuffing -
 - Gut the vehicle seat to stuff into your clothing for added warmth and insulation.
 - Padding and stuffing can often be flammable and used to sustain a fire.
- Tires - Can be set a flame to create a long lasting fire for warmth or as a signal fire as a dark cloud of smut/smoke is expelled while it burns.
- Door Keyhole (frozen)- this tip uses items found in your car or your VEK.
 - If ice has covered the key hole on your locked doors or door jam and you cannot unlock and open the door due to frigid conditions,
 - Use a straw to blow hot air (from your breath) directly at the frozen area
 - Heat up the key with a match or lighter then insert
 - Pour hand sanitizer over ice to melt it
- Sun Visor Mirror - Use as a signal mirror.
- Gasoline - Use to make a fire. Fuel another vehicle or generator. Collect and store fuel from abandoned cars. Follow our [Prepping Guide for SHTF Fuel Collection and Storage](#) for more information.
- Battery - There are many ways a battery can come in handy, collect them from abandoned vehicles.
 - Use to start a fire by either striking ends of jumper cables together over tinder or by shaving both ends of a pencil to expose lead, then touch lead to pos and neg terminals until lead heats up and ignites wood pencil.
 - Use in a battery bank to store energy collected from solar or wind/watermill.
 - Jumpstart a vehicle or replace dead battery.
- Hubcap - Metal hubcaps can be used as a skillet/grill top. Some can be used as cooking pots.
- Headlight and Brake Light Lens Covers - Make useful bowls and plates. If broken/cracked you may also be able to use pieces as eating utensils.
- Seat Belts - Cut and remove. Use as a tourniquet, straps, unravel threads to use as string, fishing line, or sutures(boil first).



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- Hood, Trunk Lid, Trunk Upholstery, Ceiling Cloth, etc - These items can be used to construct a shelter and insulation. Even you door windows can be removed and overlapped as shingles.
- Lighting - Your interior lighting and lights under hood and trunk are usually 12v. Strip the wiring and removing the bulb housing unit and connect to battery terminals to have light at a campsite.
- Windows - Use the bevel edge on the topside of windows to sharpen a knife.
- Wires and Speakers - Strip wires from vehicle for use as cordage. Make a compass using a small length of wire that has been magnetizes on one side using a magnet removed from the speakers, add wire to leaf in still body of water and it will point North.
- Fluid Reservoirs - Clean then use as water containers.
- Airbag - Convert to a bag. Make a boobytrap (remove unit from vehicle, expose pos and neg wire and touch corresponding 9v or 12v battery terminals, detonation! Rig with shrapnel and set as trap with trip line or pull string system)
- Motor Oil - Pour on non-porous ground as a slip trap.



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RESOURCES

BUGGING OUT

Determining when to bugout is specific to each scenario. The rule of thumb is to egress from one location to another when resources are near depletion and/or danger is increasing to a point to be no longer avoidable.

Superesse has developed an Emergency Response System to help assess your situation and react in concert with your support group. The ICERS plan (In-Case-of-Emergency Response Plan) is a downloadable and editable template in PDF and Word format.

Download at www.superesstraps.com/products/icers

ELG: EMERGENCY LOADOUT GUIDES

This is 3 of 6 guides in the ELG Series. You will get first access to the remaining guides upon their release. Download the series at www.superesstraps.com/collections/resources

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SUMMARY

This is a working document. Content such as gear suggestions, tips, packing ideas, and other info will be updated as we deem fit. You'll receive email notifications along with a download link.